

SAINT AELRED'S PILGRIM TRAIL MOORSBUS ACCESS 2026

OPTION 1

A	All Saints, Helmsley	St Mary Magdalene, East Moors	6 miles	3 hours
	St Mary Magdalene, East Moors	St John's, Bilsdale	7 miles	3.5 hours
			13 miles	6.5 hours
B	St John's, Bilsdale	All Saints, Hawnby	5.5 miles	3 hours
	All Saints, Hawnby	All Saints, Old Byland	3.5 miles	2 hours
	All Saints, Old Byland	St Mary's, Scawton	2 miles	1 hour
	St Mary's, Scawton	Sutton Bank	2.5 miles	1 hour
			13.5 miles	7 hours
C	Sutton Bank	St Mary's, Scawton	2.5 miles	1 hour
	St Mary's, Scawton	St Michael's, Cold Kirby	1.5 miles	1 hour
	St Michael's, Cold Kirby	Rievaulx Abbey	4.5 miles	2.5 hours
			7.5 miles	4.5 hours
	Rievaulx Abbey	St Chad's, Sproxton	7.5 miles	4 hours
D	St Chad's, Sproxton	All Saints, Helmsley	3.5 miles	2 hours
			11 miles	6 hours

Note: the distance between Scawton and Sutton Bank can be shortened considerably by meeting the bus at Scawton lane end on the A170.

BUS TIMES FOR OPTION 1 (2026 timetable)

Note: Saturdays and Sundays only. Until end September 2026.

A: Starting at Helmsley walk the full section to St Mary Magdalene and then on to St John's, Bilsdale (you'll need to set off at about 09:00 to get to St John's for the 16:00 Saturday bus or 15:30 or 16:30 for the Sunday or public holiday bus back to Helmsley). Catch the M4 bus back from the B1257 road near the church (give a clear signal to the driver): the journey is just under 30 minutes.

B: Starting from Helmsley, take the M4 bus up to St John's Bilsdale (Fangdale Beck is the nearest place). The bus leaves Helmsley on a Sunday at 10:27, arriving at Fangdale Beck at about 10:46 (Saturday buses are an hour later at 11:27). Then walk all three sections to Scawton. The last bus to Helmsley from Sutton Bank (17:09 on a Saturday, Sunday or Public Holiday) follows the A170 near Scawton (give a clear signal to the driver as this is a fast road). *Note that this means you only have 6 hours, rather than the recommended 7 hours to complete this part of the Trail on a Sunday – on a Saturday it is more difficult.*

If you are using a car you could always park near Fangdale Beck, or get a taxi there. This would enable an earlier start of, say, 09.30, to have the full 7 hours to catch the last bus from Sutton Bank.

C. Starting from Helmsley on a Saturday, Sunday or Public Holiday catch the 10:32 M4 bus to Sutton Bank (arrive 10:45) and walk all 3 sections to Rievaulx Abbey. The bus to Helmsley leaves Rievaulx Abbey at 16:18 on a Saturday, 16:48 on a Sunday and Public Holiday, so you have five and a half hours to complete this leg.

D. Starting from Helmsley, catch the M4 bus at 10:27 or 11:27 towards Guisborough and get off at Rievaulx Abbey (10:36 or 11:36). Walk the 2 sections back to Helmsley.